

our heritage national challenge 2025

scouts programme-on-a-plate



*"Sometimes, it falls upon a generation to be great
You can be that great generation. Let your greatness blossom."*



be prepared

Introduction to the Africa Scout Day Troop Programme

The programme theme is **africa scout day: out in the african bushveld** - Celebrating African Heritage and the Impact of Scouting Across the Continent.

Africa Scout Day, celebrated annually on March 13th, is an opportunity to reflect on the profound impact of Scouting throughout Africa. It highlights the shared heritage, culture, and contributions Scouts make to their communities, fostering a sense of unity and pride as part of a global movement.

This programme focuses on educating Scouts about the broader Scouting movement across Africa. It includes an interactive quiz that encourages Scouts to explore Scouting's history, achievements, and cultural diversity while strengthening Patrol bonds and inspiring a sense of belonging to a greater cause. The programme should be presented during the month of March 2025, at a Troop meeting closest to 13th March 2025.

Why Africa Scout Day Matters

Africa Scout Day serves as a reminder that Scouts belong to a larger movement that spans the African continent and the globe. It encourages Scouts to understand their place in this rich history and inspires them to continue contributing to their communities with pride and purpose.

Let's celebrate Africa Scout Day together by exploring, learning, and sharing!

**our heritage
national challenge 2025**





Theme: **afrika scout day: out in the african bushveld**



Date: _____ March 2025 Duty Patrol: _____

time hh:mm	duration	activity	equipment required	leader	purpose / outcome	comments / notes
19:30	5 min	Opening <ul style="list-style-type: none"> Your usual opening ceremony Brief introduction to the theme of the meeting 	<ul style="list-style-type: none"> Flag, Payer Book, Register 	TS / TL	<ul style="list-style-type: none"> Tradition, Structure, Discipline, Order. 	<ul style="list-style-type: none"> Print the programme
19:35	5 min	Inspection	<ul style="list-style-type: none"> Patrol Points 	ATSS / PLs	<ul style="list-style-type: none"> Responsibility, Discipline, Uniformity, Attention to detail 	
19:40	15 min	Steam Release Game: Dithini <ul style="list-style-type: none"> <i>Dithini</i> is an traditional South African Game played across the country. In <i>Dithini</i>, players attempt to stack up various tin cans into a predetermined shape, while opponents can eliminate stacking players by hitting them with a ball. <ul style="list-style-type: none"> Tin cans are stacked up on top of each other in a tower in the centre of the field. All Scouts stand around the perimeter of the field. One Patrol (or around 4 Scouts) enters the field and knocks over the tins to start the game. The Patrol in the field aims to re-stack up the tins and jump over them to win and score 3 points. The Scouts around the field have a ball and try to throw and hit the Scouts in the middle of the field. The ball can only be thrown from outside the field. If a Scout from the stacking team is hit, they exit the field and join the perimeter. The throwing Patrols win and score one point each if they hit out all the stacking team members before they all jump over a stacked tower of tins. Thereafter a different Patrol becomes the stacking team and 	<ul style="list-style-type: none"> A variety different sized tin cans or similar. (8-10) One tennis ball or similar. (Have a few extra balls to spice up the game later, or if one ball gets lost.) An open space to play (like a yard, field, or playground) 	TL	<ul style="list-style-type: none"> Learning and playing traditional South African Games. Physical exercise Gross motor activity Dexterity in throwing the ball, and in avoiding being hit by the ball Fitness Team work 	<p>This game has many variations throughout South Africa. Make sure to establish a set of rules to play by before the game so that everyone plays by the same rules.</p>

time hh:mm	duration	activity	equipment required	leader	purpose / outcome	comments / notes
19:55	25 min	<p>A Typical African Thunderstorm Brief: Your Patrol is out in the African Bushveld on a hunt for food, hoping to secure an antelope for dinner. Unfortunately, luck hasn't been on your side. As you scan the horizon, you spot a storm brewing in the distance. Drawing on your extensive experience with African thunderstorms, you know you have only twenty minutes before it hits. Your task is to work as a Patrol to quickly construct a shelter capable of withstanding the storm and keeping everyone safe.</p> <p>Rules:</p> <ul style="list-style-type: none"> • Time Limit: Patrols have only <i>20 minutes</i> to construct a waterproof shelter that can accommodate their entire Patrol. • Equipment: The TS will determine what equipment and materials are allowed for the task. • Waterproof Test: At the end of the 20 minutes, the Patrol must gather under their shelter while the ATS sprinkles water over it to test its waterproofness. <p>• Alternative Option: If your Troop meeting area is unsuitable for outdoor activities or if the equipment cannot get wet, Patrols can instead stand together and discuss the design of their shelter, explaining how it would provide effective</p>	<ul style="list-style-type: none"> • Any suitable equipment around the Troop meeting place that the TS allows the Patrols to use. 	TS / TL	<ul style="list-style-type: none"> • Patrol co-operation • Shelter building for Traveller 	<ul style="list-style-type: none"> • The TS should know the capabilities of their Troop. • If the Scouts are proficient in this kind of task, then throw a curve ball and prevent them from using tarpaulins. • On the other hand, If the Scouts have never done this , then allow and equipment. • However, no tents may be used.
20:20	20 min	<p>Africa Scout Day Quiz While the storm rages outside your shelters, it is a perfect opportunity to broaden your knowledge about Scouting's history, culture, and heritage across Africa by participating in the <i>Africa Scout Day Quiz</i> .</p> <p>Quiz: Scouts participate in the <i>Africa Scout Day Quiz</i> in the chosen format (In Patrols/ Whole Troop) – see comments/notes.</p> <p>Recognition: At the end of the quiz, Patrol points are tallied, and the winning Patrol is recognized for their teamwork and knowledge of Scouting on the African Continent.</p>	<p>If doing the <i>Patrol Format</i> ;</p> <ul style="list-style-type: none"> • 1 x Pen/pencil per Patrol • Print sufficient copies of the <i>Africa Scout Day Quiz - Scouts</i>, one for each Patrol. • Print one copy of the <i>Africa Scout Day Quiz - TS - this one has the answers!</i> <p>If doing the <i>Whole Troop Format</i> ;</p> <ul style="list-style-type: none"> • Print one copy of the <i>Africa Scout Day Quiz - TS</i> . 	TS / PLs	<ul style="list-style-type: none"> • Celebrate African heritage and diversity. • Learn about the history, impact, and reach of Scouting across Africa. • Strengthen Patrol spirit through teamwork and friendly competition. 	<p>Format Options:</p> <p>1. In Patrols:</p> <ul style="list-style-type: none"> • Patrols compete by completing the printed multiple-choice quiz as a Patrol. • The Patrol that finishes the quiz in the shortest time with the most correct answers wins. <p>2. As a Whole Troop:</p> <ul style="list-style-type: none"> • All Scouts participate together, with questions posed by the Adult Leader verbally to the entire Troop. • Points are awarded to the first Scout to answer correctly, accumulating toward their Patrol's total score.

time hh:mm	duration	activity	equipment required	leader	purpose / outcome	comments / notes
20:40	10 min	<p>Hunting Tactics Brief: In the African Bushveld, there are many different kinds of antelope. Many years ago, when our ancestors lived off the land, they relied on their hunting skills to secure food. Using bows and arrows, they had to carefully sneak up on their prey, moving with increasing stealth as they got closer. Now that the storm has passed, your Patrol can resume the hunt and put these skills into practice.</p> <p>Instructions:</p> <ul style="list-style-type: none"> • In their Patrol Corners, the PL will lead the activity. • The PL should teach the Patrol the five stages of stalking progression: • Cautious Approach, • Upright Crouch, • Feline Crawl, • Leopard Crawl and • Seal Crawl • Ensure each Patrol member practices and becomes familiar with these techniques. • Emphasize that these skills will be essential for the next part 	<ul style="list-style-type: none"> • If the PL's are unfamiliar with the progression it is on page 192 of the Scout Trail 	ATS & PLs	<ul style="list-style-type: none"> • Leadership Development (PL) • Skills Training • Personal Growth. 	<ul style="list-style-type: none"> • The PL should thoroughly prepare their knowledge of this section in advance. • The TS should uphold the Patrol system and allow the PLs to take the lead in teaching. • During this time, the ATS can set up the next activity.
20:50	20 min	<p>Let the Hunt Begin Brief</p> <ul style="list-style-type: none"> • In the African Bushveld, hunters relied on stealth and precision to approach antelope and secure food using their bows. • For this activity, the 'antelope' will be represented by tin cans spread around the Scout meeting area, and the bows will be elastic bands given to the Scouts. <p>Rules</p> <ul style="list-style-type: none"> • Relay System: Patrols line up at one end of the hall and send Scouts out one at a time in relay fashion to "hunt." • 'Arrows': Each Scout is given 3 elastic bands to use as 'arrows.' • The Scouts will start on the opposite side of the meeting area from where the 'antelopes' are placed. • Stalking Progression: Scouts must demonstrate the correct stalking progression to approach the rope line. If a Scout makes noise or performs the progression incorrectly, they must return to the starting line and begin again. • Shooting the 'antelope' (tin cans): Upon reaching the rope line, Scouts take their shots using the elastic bands. • If a Scout hits an 'antelope', an ATS retrieves the tin and hands it to the Scout to take back to their Patrol. • Winning: The Patrol with the most 'antelopes' collected when the elastic bands run out wins the game. • Replay: If time allows, elastics can be recollected, and the 	<p>Equipment:</p> <ul style="list-style-type: none"> • Gather all the tin cans from the Dithini activity and include extras if needed. • 3 Elastic large (strong) elastic bands per Scout Setup: • Spread the tin cans around one side of the Scout meeting area. Place them on bricks, tables, chairs, cupboards, or similar surfaces. • Position each tin so a significant portion overhangs the edge of the surface, making them easier to knock over. • Mark a line 2 meters from the nearest tin using a rope or tape; Scouts may not cross this line. 	ATS	<ul style="list-style-type: none"> • Using what was learned from the PL. Encourages teamwork, skill, and focus while providing an engaging and fun activity for the Scouts! • Patrol Competition. 	<ul style="list-style-type: none"> • The TS can decide how much light is used during the activity. While the Scouts should be able to see the tins, keeping the area dimly lit enhances the challenge of the stalking progression. • The focus of the activity is not on complete concealment but on demonstrating proper stalking techniques.

time hh:mm	duration	activity	equipment required	leader	purpose / outcome	comments / notes
21:10	10 min	Clean Up <ul style="list-style-type: none"> • As Scouts we never leave a mess out in the African Bushveld. • All shelters should be packed away in this time • Elastic bands and tin cans should also be collected. 		PLs	<ul style="list-style-type: none"> • Establish Pride and Care in the Scouts' meeting place. 	
21:20	10 min	Closing Your usual Troop Closing Ceremony	<ul style="list-style-type: none"> • Flag, Payer Book, List of Announcements 	TS / TL	<ul style="list-style-type: none"> • Tradition, structure, discipline and order. 	<ul style="list-style-type: none"> • Recognize efforts made by Patrols and individual Scouts during the meeting. • Remind Scouts of the ongoing commitment to promoting their own health and well-being.
21:30	120 min					





afrika scout day quiz

Scouting in Africa is among the leading youth movements in Sub-Saharan Africa. Over 8 million young people and more than 620,000 adult volunteers are registered in the region. The Africa Scout Region has among the highest number of Member Organizations in the world. It supports 42 National Scout Organizations

scouting history in africa

1. When was the first Scout Troop in Africa established?

- a) 1910
- b) 1907
- c) 1912
- d) 1908

2. Which African country hosted the first Pan-African Scout Jamboree?

- a) Kenya
- b) Ghana
- c) South Africa
- d) Nigeria

3. What is the name of the Scouting initiative aimed at promoting peace and community development globally, including in Africa?

- a) Scouts for Peace
- b) Messengers of Peace
- c) Global Scouts Alliance
- d) Scouts for Change

4. Which British military outpost, under the command of Colonel Robert Baden Powell, was under siege for 217 days in 1899?

- a) Kimberley
- b) Mafikeng
- c) Ladysmith
- d) Colenso

5. Where in Africa is the Founder of the Scout Movement buried?

- a) Nyeri, Kenya
- b) Mount Kilimanjaro, Tanzania
- c) Nairobi War Cemetery, Kenya
- d) Mahikeng, South Africa





africa scout day quiz

scouting across african countries

6. Which African country has one of the largest Scout memberships in the world?

- a) Egypt
- b) South Africa
- c) Nigeria
- d) Kenya

7. What animal is featured in the Scout emblem of Botswana?

- a) Zebra
- b) Elephant
- c) Giraffe
- d) Monkey

8. Which West African country's Scouts played a major role in reforestation by planting millions of trees?

- a) Ghana
- b) Senegal
- c) Burkina Faso
- d) Ivory Coast

9. What is the main aim of the Africa Scout Day celebrated on March 13th each year?

- a) To celebrate the cultural diversity of African Scouts
- b) To honour the contributions of Scouts to community development in Africa
- c) To celebrate the cultural diversity of African Scouts
- d) All of the above

10. What year was Africa Scout Region officially recognized by the World Organization of the Scout Movement (WOSM)?

- a) 1963
- b) 1983
- c) 2013
- d) 1973





africa scout day quiz

scouting heritage in south africa

11. When was the first Scout troop in South Africa founded?

- a) 1910
- b) 1908
- c) 1912
- d) 1907

12. What is the name of the South African award equivalent to the international Eagle Scout, given for exceptional achievement and service?

- a) National Scout Award
- b) Chief Scout's Award
- c) Springbok Scout Award
- d) Baden-Powell Award

13. Which famous South African leader was once a Scout and spoke about the impact Scouting had on his youth?

- a) Nelson Mandela
- b) Desmond Tutu
- c) F.W. de Klerk
- d) Thabo Mbeki

14. Which SCOUTS South Africa project focuses on helping communities through education, particularly by teaching life skills to young people in rural areas?

- a) Rural Scouting
- b) Community Life Skills
- c) Skills Education Project
- d) Scouting in Schools

15. In which South African city is the SCOUTS South Africa National Office?

- a) Johannesburg
- b) Pretoria
- c) Cape Town
- d) Durban





africa scout day quiz

scouting impact projects in africa

16. What type of conservation project do Scouts in Kenya's Tsavo region actively support?

- a) Wildlife protection
- b) Forest restoration
- c) Lake Turkana rehabilitation
- d) Coastal cleanup

17. In Uganda, Scouts have been instrumental in helping which vulnerable group?

- a) Refugees
- b) Orphans
- c) Elderly people
- d) Endangered species

18. Which country's Scouts helped clean up Lake Victoria to raise awareness about water pollution?

- a) Uganda
- b) Tanzania
- c) Kenya
- d) Rwanda

19. What is one key goal of the Scouts' Food for Life project in Africa?

- a) To teach sustainable farming practices
- b) To fundraise for global hunger relief
- c) To provide free meals to Scouts
- d) To build community gardens

20. What global Scout campaign has empowered African Scouts to plant millions of trees?

- a) Scouts Go Solar
- b) Champions for Nature
- c) Messengers of Peace
- d) Scouts Go Solar & Messengers of Peace



Answer: **d) Scouts Go Solar & Messengers of Peace**



africa scout day quiz

fun facts about african culture

21. What is the name of the colourful woven fabric originating from Ghana that is often used in African ceremonies?

- a) Kente
- b) Dashiki
- c) Ankara
- d) Shweshwe

22. Which country is famous for its "Big Five" animals: lions, elephants, rhinos, leopards, and buffalos?

- a) Namibia
- b) Botswana
- c) South Africa
- d) Lesotho

23. What is the traditional greeting in Zulu culture?

- a) Jambo
- b) Sawubona
- c) Habari
- d) Karibu

24. Which North African country is known for its pyramids and ancient Scout traditions?

- a) Algeria
- b) Libya
- c) Tunisia
- d) Egypt

25. What popular South African dance style became a global sensation, symbolizing unity and celebration?

- a) Gumboot dancing
- b) Zulu war dance
- c) Pantsula
- d) Sokkie



troop scouter's copy - with answers

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scouting history in africa

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- b) 1907
- c) 1912
- d) 1908

Answer: **d) 1908 – 1st Claremont, Cape Town South Africa, established 3rd March 1908**

2. Which African country hosted the first Pan-African Scout Jamboree?

- a) Kenya
- b) Ghana
- c) South Africa
- d) Nigeria

Answer: **a) Kenya – The first Pan-African Jamboree was held in Nairobi in 1976**

3. What is the name of the Scouting initiative aimed at promoting peace and community development globally, including in Africa?

- a) Scouts for Peace
- b) Messengers of Peace
- c) Global Scouts Alliance
- d) Scouts for Change

Answer: **b) Messengers of Peace**

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- a) Kimberley
- b) Mafikeng
- c) Ladysmith
- d) Colenso

Answer: **b) Mafikeng**

5. Where in Africa is the Founder of the Scout Movement buried?

- a) Nyeri, Kenya
- b) Mount Kilimanjaro, Tanzania
- c) Nairobi War Cemetary, Kenya
- d) Mahikeng, South Africa



Answer: **a) St. Peter's Cemetery, Wajee Nature Park, Nyeri, Kenya**

scouting across african countries

6. Which African country has one of the largest Scout memberships in the world?

- a) Egypt
- b) South Africa
- c) Nigeria
- d) Kenya

Answer: **d) Kenya** – With 4.4 million members, Kenya has one of the largest memberships globally

7. What animal is featured in the Scout emblem of Botswana?

- a) Zebra
- b) Elephant
- c) Giraffe
- d) Monkey

Answer: **a) Zebra**

8. Which West African country's Scouts played a major role in reforestation by planting millions of trees?

- a) Ghana
- b) Senegal
- c) Burkina Faso
- d) Ivory Coast

Answer: **b) Senegal**

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- c) To celebrate the cultural diversity of African Scouts
- d) All of the above

Answer: **d) All of the Above**

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- a) 1963
- b) 1983
- c) 2013
- d) 1973

Answer: **a) 1963**



scouting heritage in south africa

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Answer: **b) 1908 – 1st Claremont, Cape Town. Established 3rd March 1908**

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- c) Springbok Scout Award
- d) Baden-Powell Award

Answer: **c) Springbok Scout Award**

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- a) Nelson Mandela
- b) Desmond Tutu
- c) F.W. de Klerk
- d) Thabo Mbeki

Answer: **a) Nelson Mandela - he was a Scout during his youth in Qunu, Eastern Cape**

14. Which SCOUTS South Africa project focuses on helping communities through education, particularly by teaching life skills to young people in rural areas?

- a) Rural Scouting
- b) Community Life Skills
- c) Skills Education Project
- d) Scouting in Schools

Answer: **d) Scouting in Schools – A project aimed at bringing Scouting into schools**

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- b) Pretoria
- c) Cape Town
- d) Durban

Answer: **c) Cape Town**



scouting impact projects in africa

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- a) Wildlife protection
- b) Forest restoration
- c) Lake Turkana rehabilitation
- d) Coastal cleanup

Answer: **a) *Elephant and wildlife protection initiatives***

17. In Uganda, Scouts have been instrumental in helping which vulnerable group?

- a) Refugees
- b) Orphans
- c) Elderly people
- d) Endangered species

Answer: **a) *Refugees – Scouts in Uganda support refugees by providing essential services and education***

18. Which country’s Scouts helped clean up Lake Victoria to raise awareness about water pollution?

- a) Uganda
- b) Tanzania
- c) Kenya
- d) Rwanda

Answer: **b) *Tanzania***

19. What is one key goal of the Scouts’ Food for Life project in Africa?

- a) To teach sustainable farming practices
- b) To fundraise for global hunger relief
- c) To provide free meals to Scouts
- d) To build community gardens

Answer: **a) *To teach sustainable farming practices***

20. What global Scout campaign has empowered African Scouts to plant millions of trees?

- a) Scouts Go Solar
- b) Champions for Nature
- c) Messengers of Peace
- d) Scouts Go Solar & Messengers of Peace



Answer: **d) *Scouts Go Solar & Messengers of Peace***

fun facts about african culture

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- b) Dashiki
- c) Ankara
- d) Shweshwe

Answer: **a) Kente**

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- a) Namibia
- b) Botswana
- c) South Africa
- d) Lesotho

Answer: **c) South Africa**

23. What is the traditional greeting in Zulu culture?

- a) Jambo
- b) Sawubona
- c) Habari
- d) Karibu

Answer: **b) Sawubona – It means "I see you."**

24. Which North African country is known for its pyramids and ancient Scout traditions?

- a) Algeria
- b) Libya
- c) Tunisia
- d) Egypt

Answer: **d) Egypt**

25. What popular South African dance style became a global sensation, symbolizing unity and celebration?

- a) Gumboot dancing
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- c) Pantsula
- d) Sokkie

Answer: **a) Gumboot dancing**

